



JESUS  
WHO?



# OVERVIEW

Ever have someone message you and your phone doesn't recognize them? Without knowing the identity of the contact, odds are you won't want to respond to them. And you certainly won't want to share any personal information with them.

In the same way, when we don't understand who Jesus really is, we probably won't be real interested in communicating with Him, either. And we certainly won't be offering up our lives to Him.

In this 3-week series in the book of Colossians, we will focus on Jesus so that we can get to know him better, and in doing so, be willing to share every part of our lives with Him. We'll look at Jesus our Savior and dig deeper into what He did for us. We'll see Jesus as our Sanctifier—the one who cleans us up and changes us for better from the inside out. And we'll focus in on Jesus as our Sustainer and learn how to live out our lives for Him and His kingdom.



# WEEK ONE: SAVIOR

September 25, 2024



**Scripture: Colossians 1:3-14**

## **Main Idea**

Jesus is our Savior who brings us from darkness to light.

## **Head Change**

Understand the significance of Jesus' role in our salvation.

## **Heart Change**

Feel gratitude and love for Jesus' sacrificial act of salvation.

## **Life Change**

Live with the confidence and joy of someone who has been redeemed from darkness.

## **Opener/Ice Breaker**

Question: Have you ever been in a situation where you needed to be rescued? What happened?

## **Scripture Reading**

Read Colossians 1:3-14 together.

- What stands out to you about Paul's description of the Colossians' faith and love?
- How does Paul describe Jesus' role in our salvation?
- What does it mean to be transferred to the kingdom of His beloved Son?

## **Personal Application**

This week, reflect on the ways Jesus has brought light into your life. Make a list of these moments and spend time in prayer, thanking Him for each one. Share one of these experiences with a friend or family member.

# DISCUSSION QUESTIONS:



- 1. What does it mean to you that Jesus has rescued you from the domain of darkness?**
- 2. How does understanding Jesus as your Savior impact your daily life?**
- 3. In what ways can you show gratitude for what Jesus has done for you?**
- 4. How can you share the message of Jesus as Savior with others?**

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# WEEK TWO: SANCTIFIER



October 2, 2024

**Scripture: Colossians 1:21-23**

## **Main Idea**

Jesus is our Sanctifier who presents us blameless and holy.

## **Head Change**

Understand that sanctification is a process led by Jesus.

## **Heart Change**

Feel encouraged by the transformation Jesus brings in our lives.

## **Life Change**

Seek to live a life that reflects the holiness and blamelessness Jesus provides.

## **Opener/Ice Breaker**

Question: Can you share a personal story about a time when you experienced personal growth or change? What motivated it?

## **Scripture Reading**

Read Colossians 1:21-23 together.

- What does it mean to be reconciled to God?
- How does this passage describe our state before and after reconciliation?
- What are the conditions mentioned for continuing in the faith?

## **Personal Application**

Identify an area in your life where you need Jesus' sanctifying work. Pray for His guidance and strength in this area and make a commitment to take one practical step towards change this week.

# DISCUSSION QUESTIONS:



- 1. What does sanctification mean to you?**
- 2. How have you seen Jesus work to sanctify you in your life?**
- 3. Why is it important to remain steadfast and grounded in faith?**
- 4. How can you support others in their journey of sanctification?**

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# WEEK THREE: SUSTAINER



October 9, 2024

**Scripture: Colossians 2:6-23**

## **Main Idea**

Jesus is our Sustainer, helping us live out our faith without getting sidetracked.

## **Head Change**

Understand the importance of relying on Jesus to sustain our faith.

## **Heart Change**

Develop a deeper trust in Jesus' ability to guide and support us.

## **Life Change**

Walk in faith with a focus on Jesus, avoiding distractions that lead us astray.

## **Opener/Ice Breaker**

Question: Have you ever tried to maintain a habit or routine? What challenges did you face, and how did you overcome them?

## **Scripture Reading**

Read Colossians 2:6-23 together.

- What does Paul warn the Colossians against in this passage?
- How does Paul describe the fullness we have in Christ?
- What does it mean to be made alive with Christ?

## **Personal Application**

Take time each day this week to read and reflect on Colossians 2:6-7. Journal about the ways Jesus sustains you and commit to eliminating one distraction that has been hindering your walk with Him.



# DISCUSSION QUESTIONS:



- 1. How do you stay rooted and built up in Christ in your daily life?**
- 2. What are some of the distractions that can sidetrack us from our faith?**
- 3. How can we help each other stay focused on Jesus?**
- 4. What does it mean to be "alive in Christ"?**

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# NOTES



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